

# AJ Talkies

## News Letter

June 2022

AJ Secondary

Issue 26

### Editorial

Kesia Vино— 12 C  
Manas—12 C  
Chris—12 B

#### CONTENT

- Commerce and ICT Month
- Abu Dhabi School Championship
- #lightbagcampaign

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# Commerce and ICT month

The Al Ain Juniors School Indian System celebrated the Thematic month - Entrepreneurship carrying the theme 'Upping of Financial Literacy' with much more éclat and glees. The program was during the Activity periods on Thursdays on 2<sup>nd</sup> June 2022 and 9<sup>th</sup> June 2022. The program, catalyzed under the aegis of **Commerce department**, aimed at proselytizing financial literacy through orchestrating hands-on experience for students on Shopping, Spending Diary, Money Responsibility Consumer Awareness, Saving and Investing, The Art of Budgeting, for grade 5,6,7,8,9,10, respectively.



The main objectives of the program - to develop a readiness for understanding and appreciating the various skills and their application in our lives, to observe the transactions and classify them as Need or want, to understand crypto currency and its importance. To appreciate the financial responsibilities and keeping records of financial spend-

ing, to learn how to shine with 21st century skills, to apply the given instructions and draft a cheque, and to understand basic financial concepts- that are visualized have been caught on to through the tasks executed during the course.

The expected outcome of the project is that students will be able to stomach varied skills like communication, digital competence, independent learning, creativity and Innovation, saving cost, independent learning, problem solving, Critical thinking, Artistic expression and so on.



The most striking point was that the whole program was executed by the students of Grade 11&12 of the Commerce stream. They were divided into different groups with a teacher mentor to guide each group. It was increasingly an out and out student's act with 100 percent participation. At the end, the student winners were adjudged in each category of activity concerned.

Sincere gratitude and appreciation for the relentless effort invested in by Ms. Shamala Ganapathy, the HOD of the Department of Commerce, Ms Nazneen, Farooqui Psychology Teacher Mr Vinod Kumar Accountancy Teacher & Mr Abdul Noufal, Economics Teacher respectively in executing the program.

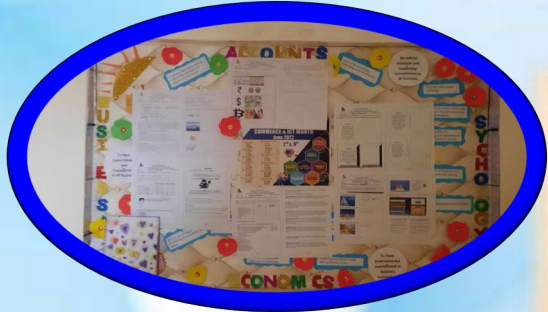
It would not have been a lavishly successful program if there had been no timely assistance from our beloved Vice Principal, Ms Humeira Sherief and all the class teachers and teachers handling the activity periods the backbone who made the learning successful







A Walk through the corridor



أبوظبي  
مدارس أبوظبي  
ABU DHABI  
SCHOOLS CHAMPIONS



# ABU DHABI SCHOOLS CHAMPIONS 2021/22 PHASE 1 HIGHLIGHTS

14,337 Participants



7,727  
Girls



6,610  
Boys



105 Schools

Abu Dhabi 47

Al Ain 41

Al Dhafra 17



Cycle 1 4,714

Cycle 2 4,655

Cycle 3 4,968



## CONGRATULATIONS! ABU DHABI SCHOOLS CHAMPIONS



CYCLE 2 | BASKETBALL 2<sup>ND</sup> RUNNER UP





**CONGRATULATIONS!**  
ABU DHABI SCHOOL CHAMPIONS

ABU DHABI SCHOOLS CHAMPIONS



CYCLE 2 | BASKETBALL 2<sup>ND</sup> RUNNER UP



**CONGRATULATIONS!**  
ABU DHABI SCHOOLS CHAMPIONS  
**WINNERS**

ABU DHABI SCHOOLS CHAMPIONS



CYCLE 3  
4 X 100 MTR. RELAY- 2<sup>ND</sup>

SHIVANI. TK.  
SUMAYYAH SUBAKATHULLA  
NIDHA FATHIMA  
AL NUSRATH ALI

CYCLE 1 - 2<sup>ND</sup>  
4 X 100 MTR. RELAY- 2<sup>ND</sup>

SHAHID AYUB  
MOHAMMED RAZIN  
TASHREEF SHARIF  
YASSEIN IBRAHIM



**CONGRATULATIONS!**  
ABU DHABI SCHOOLS CHAMPIONS

ABU DHABI SCHOOLS CHAMPIONS



CYCLE 2 | FOOTBALL 1<sup>ST</sup> RUNNER UP



**CONGRATULATIONS!**  
ABU DHABI SCHOOLS CHAMPIONS  
**WINNERS**

ABU DHABI SCHOOLS CHAMPIONS



CYCLE 2  
400 MTR. - 2<sup>ND</sup>  
MOHAMMED RIZAN



CYCLE 2  
400 MTR. - 3<sup>RD</sup>  
ARNAV SHETTY



**CONGRATULATIONS!**  
ABU DHABI SCHOOLS CHAMPIONS  
**WINNERS**

ABU DHABI SCHOOLS CHAMPIONS



CYCLE 2  
4 x 100 MTR. RELAY- 2<sup>ND</sup>

WASL ELGIZULI  
NOUR WALID MAGDY  
ALIYA NUJUM NAVAS  
JOVANA CHERIAN  
ELSA REJOO (R)

CYCLE 3  
4 x 100 MTR. RELAY- 3<sup>RD</sup>

RIYAN SALEEM  
RAJMAL SEEM  
NISCHAL SHETTY  
ARSHAD AYUB  
MOHAMMED IRTEZA(R)



CONGRATS



### CONGRATULATIONS! ABU DHABI SCHOOLS CHAMPIONS



CYCLE 3 | VOLYBALL RUNNER UP



### CONGRATULATIONS! ABU DHABI SCHOOLS CHAMPIONS WINNERS



**SHIVANI. TK**  
Fastest Girl in Abu Dhabi Schools  
Champions  
100 Mtr. Race (gold medal winner)  
400 Mtr. Race (gold medal winner)  
4 x 100 Mtr. 2nd



**RIYAN SALEEM**  
100 Mtr. 2nd  
**ARSHAD AYUB**  
100 Mtr. 3rd

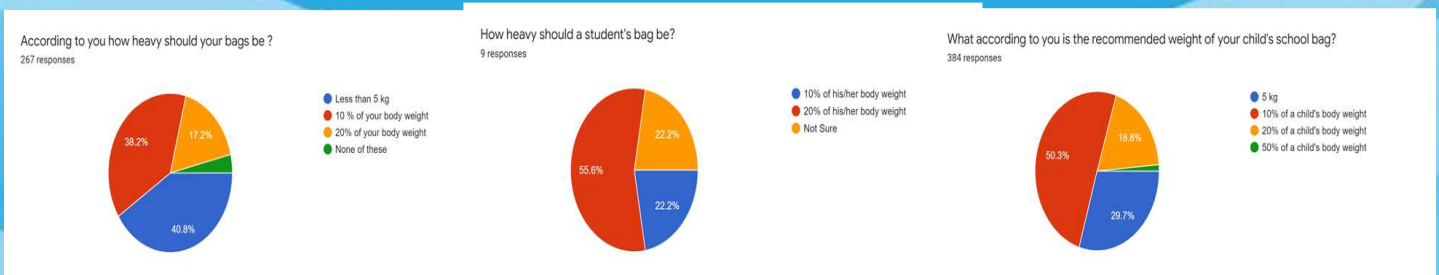
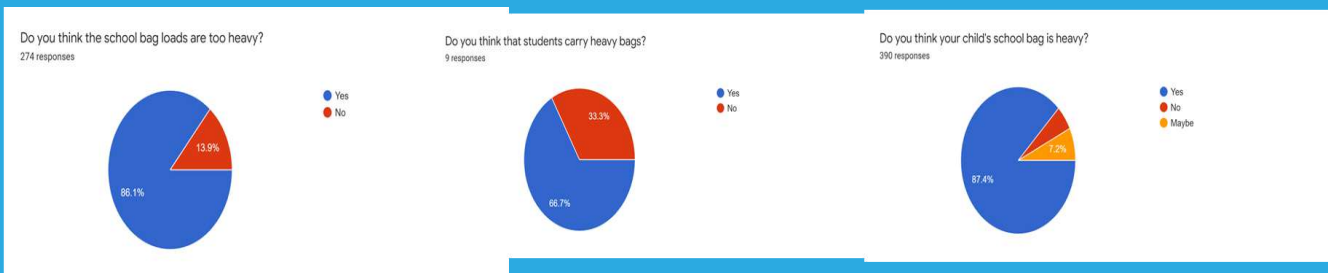




## #LIGHT BAG CAMPAIGN LAUNCHED

One of the most memorable moments in any person's life is school life. It is the foundation where we study everything from Science to History to Mathematics. Therefore, school bag is an important part of school life, however it went from something children used to carry books and other things to and from school to something which is even a burden to think about.

The student council of AJI conducted a survey with the students, parents and teachers. The survey was about school bag load and we asked for the respondents opinions and suggestions on how to lessen the burden of the students. *Here are the results*



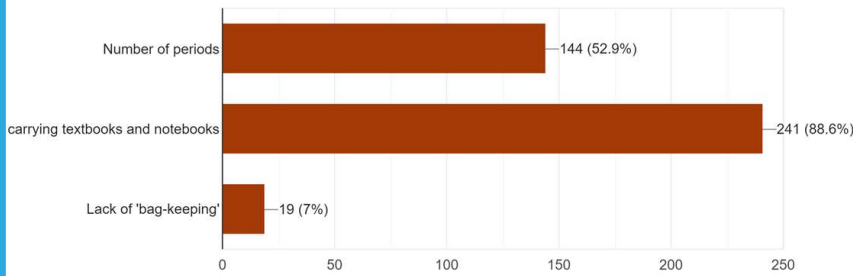
These pie charts show that students prefer their bag weight to be lesser than 5 kgs while the teachers and parents opted for 20% and 10% of the student's body weight respectively.





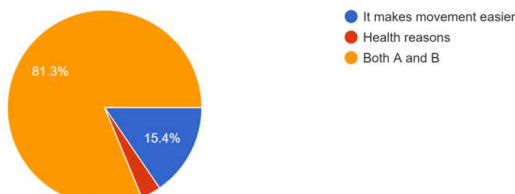
# #LIGHT BAG CAMPAIGN LAUNCHED

What are the reasons for your bags to be heavy?  
272 responses

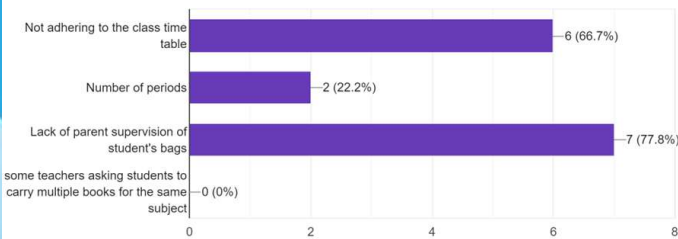


Carrying both textbooks and notebooks can be a burden for students as few books weigh a lot and carrying heavy bags lead to health issues such as excessive fatigue, muscle and back pain, poor body posture, lumbar pains, neck and shoulder pain, an abnormal curve of the spine etc.

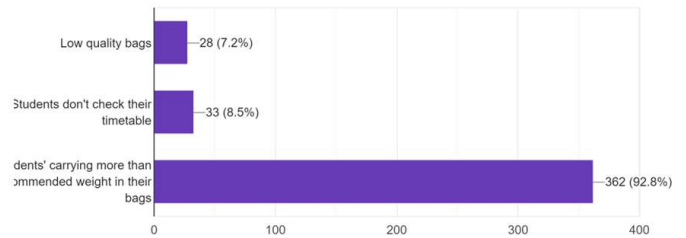
What according to you should be the reason for reducing the weight of the bags?  
272 responses



What do you think the reason for students carrying heavy bags?  
9 responses

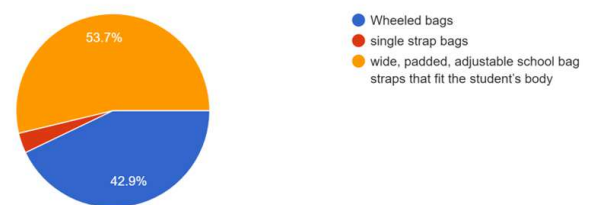


What do you think is the main problem?  
387 responses



When asked what the teachers think the reason for students carrying heavy bags are, they suggested that it is because of lack of parent supervision and also because students don't follow their timetable. The parents also opted a similar option that states that their children carry more than recommended weight in their bags. Parents also recommend that their child uses wide, padded, adjustable school bag straps that fit the student's body.

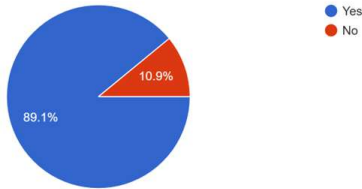
What types of bags do you recommend for your child?  
387 responses



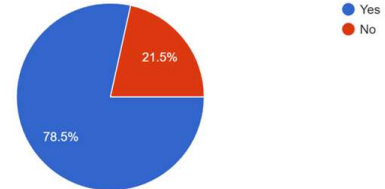


# #LIGHT BAG CAMPAIGN LAUNCHED

Would you prefer teachers to display the text book in class?  
274 responses

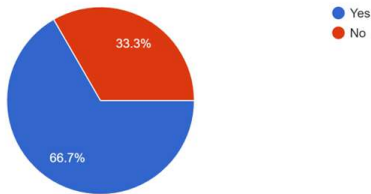


Are you willing to share your text book with your peers?  
274 responses

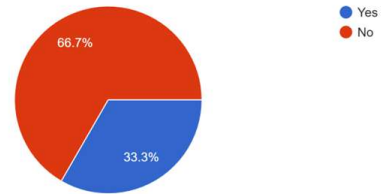


class and are willing to share their textbooks with their peers, most of the teachers told that they are not willing to let their students share textbooks.

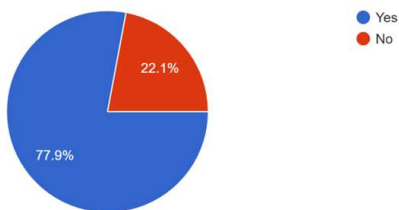
Are you willing to display the text book in class?  
9 responses



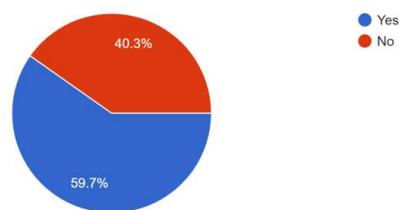
Are you willing to let students share their textbooks?  
7 responses



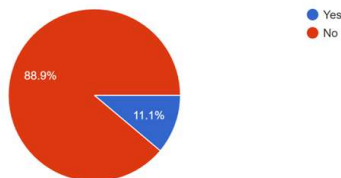
Do you think the heavy bags are a reason for some of students' health issue?  
390 responses



Do you complain of neck or back pain?  
9 responses



Have any of your students complained about neck or back pain?  
9 responses



Students have complained about neck or back pain to both their teachers and parents on various occasions and they also said that these heavy bags are the cause of some health issues.



## #LIGHT BAG CAMPAIGN LAUNCHED

# “DO YOU HAVE ANY SUGGESTIONS TO REDUCE SCHOOL BAG LOAD?”

- The answer to this question varied from introducing locker facility at school to cancelling notebooks for minor subjects and reducing the pages in the books provided by the school but the main request was to ask the teachers to inform the students beforehand if they have to bring the textbook to school on a particular day. If the teachers discuss among themselves and divide the days students have to bring different subject textbooks, that much weight will be reduced.

Students to be advised to carry only notebooks. Teachers should inform previously if text book is required for any particular period. Reduce the number of periods. Repeat periods in specific days.	For the teacher to present the text book in smartboard so students don't have to bring textbooks which makes the bag heavy.
Keep the text books at school and on week ends and during exam time child should bring their text book to home .only note they have to carry daily to school.	Please try to reduce the amount of periods everyday. A lot of the times, we need to carry multiple books for each period.
Having lockers at school will be a good option/or having space to keep the books at school. Reduce number of periods We would prefer sliding path to upstairs those have wheeled bags. I would recommend that the students could carry text notes and let the text books remain in home.	1. Textbooks needs to be displayed on the smart boards instead of asking students to bring it to school, as they are already heavy, it is unacceptable that teachers asks students to carry heavy books to school everyday. 2. Textbooks and notebooks if required needs to be kept in the school closets, so whenever necessary can be taken from the respective place, make a use, and keep it back in the closets. It will be a relief to students and parents as well. We suggest to implement locker system in school so that they can carry only the books required for their day's studies back home which will considerably reduce the weight of the bag. The text books can be retained at school itself. Ask the students to bring one book for each subject which ever is required or keep the text books or some books at school
Sometimes they can keep books at school Kindly reduce the size of the note books Reduce the number of books and their size	Carrying both textbooks and notebooks make bag heavy. So many periods are also there. Teacher can show text book in school .We can come back and learn from them. We are not using textbooks much in school. Students tend to bring all the books related to the subject they have that day. It would be preferable if the teachers could inform which books to bring each period, according to the timetable, so that students can just bring the required books. This way the weight carried by the students can be reduced. Notebooks can be reduced to 50 or 100 pages short books instead of 200 pages long book
Kindly help the students to carry their Bags to up stairs.	

**-SUGGESTIONS FROM PARENTS, STUDENTS AND TEACHERS-**

#Lightbag campaign was formally launched by Mrs. Humera Sharif, Vice principal Al Ain Juniors School in a virtual assembly conducted on 28th June 2022.



**From the Assembly:** Pic 1. Skit about the health hazards that heavy bags poses, Pic2&3 interacting with the a few students about their school bags Pic 3. Kesia and Manasa presenting the summary of the survey they conducted.

**STUDENT COUNCIL LIGHT BAG CAMPAIGN VIDEO: :** [https://drive.google.com/file/d/1\\_TOmajS9JSNP16otry28uVEhrMIWDbo/view?usp=sharing](https://drive.google.com/file/d/1_TOmajS9JSNP16otry28uVEhrMIWDbo/view?usp=sharing)

School bags should not be a burden and it should be our responsibility to make sure that the students are not carrying overweight bags. Down the road, these can lead to major health issues and so the suggestions given by the students, teachers and parents should be taken seriously and implemented.

- AJI SECONDARY STUDENT COUNCIL