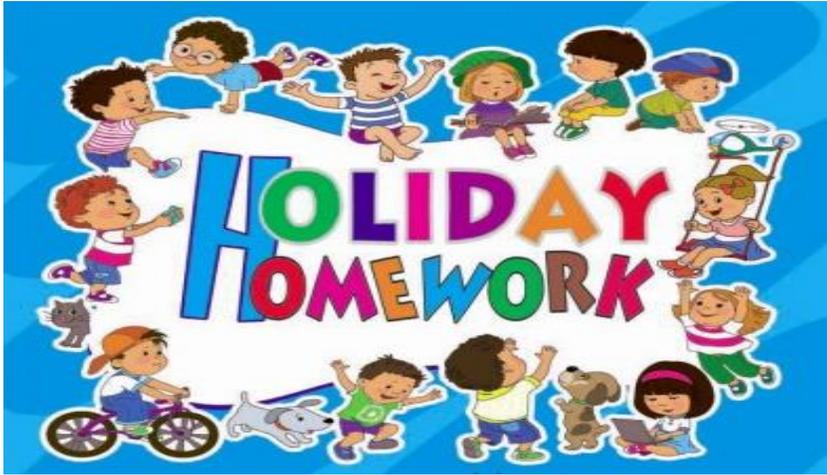




AL AIN JUNIORS SCHOOL
INDIAN SYSTEM

GRADE- 4 (2017 – 18)



Dear Children

Summer Holidays are synonymous with fun and frolic, going for picnics, playing for long hours, exploring new places and much more.....

The purpose of the summer holidays is multifold. They are an opportunity of exploring the innate talents, scaling new heights and touching new horizons of personality enhancement through various activities.

Here is an “ACTIVITY TREASURE BOX” for you .All the best and have FUN!

*When the school reopens bring back your TREASURE,
To go through it will be our PLEASURE!*

Eat well, Live well, Be

Yes, you guessed it right. Your holiday homework is on the topic



General Instructions:

- Bring holiday homework in a beautiful folder with an ecofriendly cover.
- Parents are requested to only guide their children while doing the assignments.
- All the works should be handwritten and done neatly and independently.
- Originality of the work will be appreciated.
- Project / Homework will be assessed on the basis of neatness, creativity and originality of ideas.
- Submit all the assignments on or before 14th of September.



Choose **anyone** of the following activities from the grid and complete with accuracy in an A4 sized paper. (SKILLS TO BE ASSESSED: WRITING, VOCABULARY, GRAMMAR)

FOOD STORY

Create a short story on HEALTHY FOOD and draw or stick related pictures to go with it.

COOKING VOCABULARY

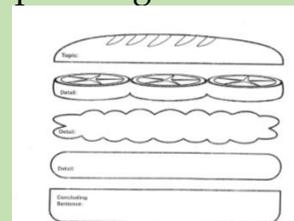
Pick out 10 to 15 words from the kitchen e.g. blend, knead, beat, boil, chop, drain Find their meanings from the dictionary and paste or draw pictures describing each word.

NUTRITION BOOKLET

Prepare a booklet with words related to Nutrition with their meanings in an alphabetical order.

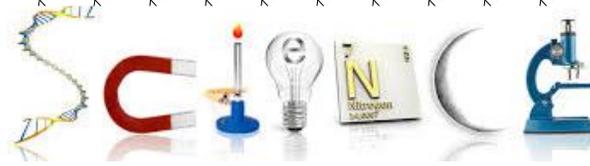
PARAHAMBURGER

Prepare a hamburger paragraph on the topic: **Healthy food vs Junk Food** Sample template is given below.



EVALUATION CRITERIA:

-  A clear topic sentence with supporting details relating to main idea: 3 marks
-  Proper punctuation, capitalization & spellings: 3 marks
-  Neatness: 2 marks
-  Presentation: 2 marks



SCIENCE HOME WORK MENU

Choose **any one** project from the home work menu and do it neatly.

Categorize food which you eat daily into energy giving, body building, and protective food and make a FOOD PYRAMID on an A-4 sheet.

OR

Create a healthy menu for your birthday. Fold a coloured A-4 sheet, and design a beautiful invitation card with a slogan about healthy food and write the menu inside.

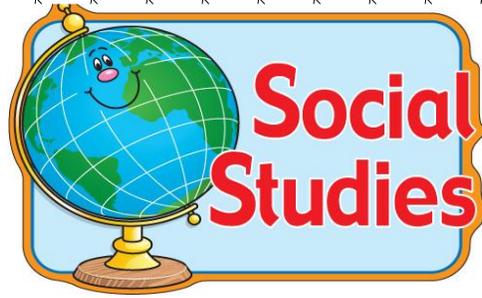
OR

Junk food items like burgers, pizzas etc. contain a high amount of fats. Studies have shown that intake of food items rich in fats can create lot of health problems. Prepare a report on the harmful effects of junk food and submit your findings in the form of a science journal.

Skills to be assessed : identification , observation , classification and recording

EVALUATION CRITERIA:

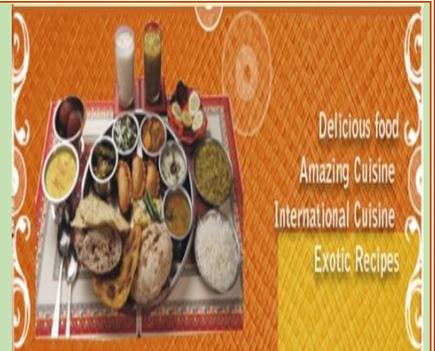
 Data Collection	- 3 marks
 Recording	- 3 marks
 Finishing/ Originality/ Effort	- 3 marks
 Timely submission	- 1 mark



Choose **any one** of the following activities

☀ **FACT SHEET**

Prepare a fact sheet about famous cuisines of Jammu & Kashmir, Gujarat, Meghalaya and Tamil Nadu.



☀ **MENU PLATE**

Prepare a menu plate of the traditional food items of your own state and any other 6 states of India & name each item and the state it belongs to.



Skills to be assessed: identification, observation, classification and recording

EVALUATION CRITERIA:

- 🌐 Accurate labelling & descriptions - 4 MARKS
- 🌐 Accurate presentation - 2 MARKS
- 🌐 Collection of data - 2 MARKS
- 🌐 Listing - 2 MARKS



Choose any one assignment from the list. Do it neatly and submit.

 **Calculate the nutritional values**

Prepare a salad and calculate the nutritional values of each items used for it

- ❖ Round off to nearest 10.
- ❖ Write these values in roman numerals.

 **Napier's Bone**

Create a Napiers Bone in A4 size paper (Please refer text book page no: 65)

- ❖ Using Napier's Bone calculate price of your house hold items.

 **Food Price List**

Visit the market for a week and take the bill of fruits, vegetables, bread, milk etc.

- ❖ Multiply the no of items and its price.
- ❖ Find the total expenses of the week.

 **Crossword puzzle**

Make a crossword puzzle on any 3 operations which you can use in your daily life. (Include addition, subtraction and multiplication)

Skills to be assessed: identification, observation, computation

EVALUATION CRITERIA:

- ➔ COLLECTION OF DATA : 2 MARKS
- ➔ RECORDING : 2 MARKS
- ➔ NEATNESS : 2 MARKS
- ➔ PRESENTATION : 2 MARKS
- ➔ TIMELY SUBMISSION : 2 MARKS

राष्ट्रभाषा हिंदी



canaa caaT **tqaa** f`UT caaT ko ilae kaOna
sal saamaga`l ka p`yaaoga krto hOM?
ihndl maom saUcal banaae^M tqaa
CuiT\Tyaaom maom caaT banaakr Kae^M
AaOr Apnaa
AnauBava ihndl maom ilaKoM va faoTao
icapkae^M .
naaoT : [sao banaanao kl ivaiQa saMjalva
kpUr ko ikcana ko caOnala maom
saunaom

Which are the ingredients used to make chana chaat and fruit chaat?

List the ingredients and stick pictures.

Note: Watch Sanjeev Kapoor's kitchen and follow the instructions for chaat.

Make these chaats in holidays and write your experience in Hindi.

Skills to be assessed: creativity, reading, listening and writing

Evaluation Criteria:

- ✿ BaaYaa (language) : 2.5 marks
- ✿ P`astutlkrNa (presentation) : 2.5 marks
- ✿ ilaKavaT (writing) : 2.5 marks
- ✿ vyaakrNa (grammar) : 2.5 marks



വേനലവധിക്കാലം ആഘോഷിക്കാൻ തയ്യാറെടുത്തു കഴിഞ്ഞോ ...? അവധിക്കാലം എപ്പോഴും സുഖമുള്ള ഓർമ്മകൾ സമ്മാനിക്കുന്നു ... ഉത്സവത്തിന്റേയും , പെരുനാളിന്റേയും ആഘോഷങ്ങൾക്കിടയിൽ കൊതിയുറുന്ന വിഭവങ്ങളും ഉണ്ടാകുമല്ലോ !! നാട്ടിൽ അവധിക്കാലം ആഘോഷിക്കുന്നവർ നാട്ടിലെ വിഭവങ്ങളുടെ പ്രത്യേകത എഴുതി ചിത്ര സഹിതം വിവരിക്കൂ.... യു എ ഇ വിഭവങ്ങളുടെ പ്രത്യേകത ഇവിടെ വേനലവധിക്കാലം ചിലവഴിക്കുന്നവർ എഴുതി തയ്യാറാക്കൂ.... നാവിലെ രുചി കൂട്ടുകാർക്കും പകർന്നുകൊടുക്കൂ.....



Skills to be assessed: creativity, reading, listening and writing

EVALUATION CRITERIA:

രചന വൈഭവം: 5 marks

ചിത്രസംഗ്രഹം : 3 marks

അവതരണം: 2 marks

اللغة العربية



*** - تخيل نفسك ذهبت إلى مكتبة عامة تزخر بالكثير من الكتب القيمة ، والتي تضم في أركانها مزيدا من الأقسام الثقافية

1 - ما عنوان الكتاب الذي تود اختياره ؟

Make a chart on The 99 Names of Allah (SWT) (Al Asma ul Husna) in English and Arabic With its meaning.

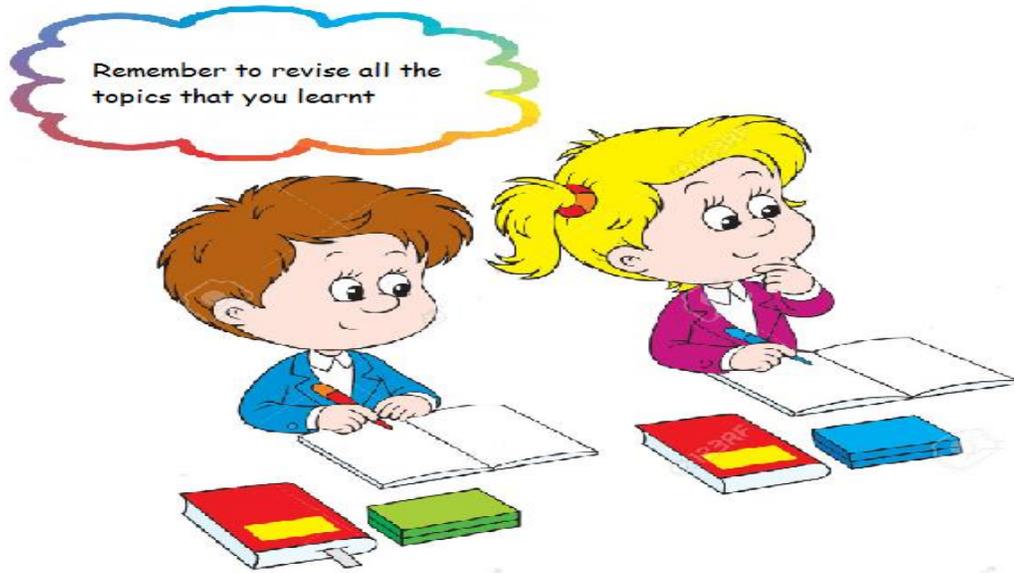
Memorize the names in order.

EVALUATION CRITERIA

Creativity : 2.5 Marks

Neatness : 2.5 Marks

Memorization : 5 Marks



Useful Websites:

- ▣ <http://www.bookadventure.com>
- ▣ <http://www.magickeys.com/books>
- ▣ <http://www.e-learningforkids.org>
- ▣ <https://www.ixl.com>
- ▣ <http://www.mathplayground.com>

Suggested books for reading:

- 📖 Mystery Series - Enid Blyton
- 📖 An Island Of Trees - Ruskin Bond
- 📖 Children's omnibus - Ruskin Bond
- 📖 Rusty - Ruskin Bond
- 📖 Around the World in Eighty Days - Jules Verne



Our
Values

DON'T
WASTE
FOOD



FEED THE
HUNGRY



Happy
Holidays