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07 June 2020

“KEEP CALM AND DON’T STRESS”

A Webinar on Combating Negative Stress under the Pandemic of Covid-19

Dear Parents,

Greetings!

We are pleased to announce you that AJI is providing you an opportunity to attend a Webinar on Combating Negative Stress under the Pandemic of Covid-19.

This webinar is for AJS Parents who are struggling to balance their work and family life during this unprecedented situation. It will provide you with some of the highly effective ways to reduce and manage stress and live holistic life.

Following are the details:

Speaker: Dr. Suhana Syed Burhan

Designation: School Counsellor, Al Ain Juniors School

Day: 11 June 2020

Time: 5:30 pm

Join us on ZOOM on 11 June 2020 at 5:30, Zoom Meeting Link will be provided upon registration

Register with us:

https://forms.office.com/Pages/ResponsePage.aspx?id=RqgeGXQ7N0SvOkxKGYVJY_x493Cwit5MmSRTr0UzupdUNTM1M0ZZUU5ETIFQRVI4MzhFU1ILM0ZQSS4u

Limited Seats available.

AJ Admin