ISSUE I SEPTEMBER 2021

NTHELOO

AJI news, views and more...

In This Issue





Editorial Team





From the V.P's Desk

On a Roll

Deep Dive

Top Picks

On a Lighter Note

U Belong Here

It is not in the stars to hold our destiny but in ourselves.

William Shakespeare



From the Vice **Principal's Desk**



Ms. Humeira Shariff

Dear Students,

"School is a building with four walls and future embedded in it."

Schooling is our first contact with the world. It is not in the wide-open spaces, Classroom, library, Laboratories or the large fields that make the school. It is in the hearts of students and staff that the true institution exists.

Cont'd pg 2

Learning is not a process limited to schools and colleges only, nor does it end with the conclusion of ones 'school career. it is indeed a lifelong process. Al Ain Juniors school is oriented to the total formation of a child & to adaptations of various methods suiting the dynamics of changing world in order to achieve common goals & objectives. It is further characterized by shared vision, responsibility above all, love & faith in God Almighty, in order to achieve the goals.

Dear Students, it is my message to you that the people of fine character live by their values. They are honest, and are committed to truthfulness in thought, word and deed. True character thus encompasses the capacity for self-discipline.

Character creates self- respect, which in turn leads to high self-esteem. Maturity is reflected in all aspects of character- the decisions we make, friends we chose and the responsibilities we accept. Always remember to uphold the dignity of people. Be always ready to give preference to other. What you are is Almighty God's gift to you. All the very best to our student council on their initiative of their first Newsletter.

Bring out the Best!!

On a Roll

Event: The Investiture Ceremony



A solemn occasion where the AJI Student Council were prepared to don the mantle of leadership and discharge the responsibilities entrusted upon them by the school.





On a Roll

Events

This month Al Ain Juniors celebrated a host of events ranging from Teachers Day celebrations to Language Month and Hindi Diwas. Here are some snippets-



Deep Dive

Healthy Living

It's a true that most of us want to live long, happy, successful, and healthy lives. Unfortunately, in our pursuit of success we



often take shortcuts with our health—and wind up suffering from various ailments and disabilities that we could have avoided. It doesn't have to be that way at all. Though many of us live stressful, demanding lives, with just a little tweaking here and there, we can develop habits that will help us live healthier and more productive lives. Here are 7 tips to follow:

1.Get your exercise 2.Always eat breakfast 3.Practice healthy eating throughout the day

4.Stay hydrated 5.Don't neglect dental hygiene 6.Get your sleep 7.Challenge yourself.

Top Picks

Believe In Yourself

One small illustration of this concern is worrying about not being able to make a few lifestyle changes. However, no matter how fantastic the ideas or possibilities you are exposed to, a lack of belief in yourself will limit you. The most significant distinction between successful and unsuccessful people (in health, business, and life) is that successful people are motivated to make a situation work for them rather than playing the victim and looking for reasons why something won't work.

Although no idea will work for everyone on the earth, many ideas will work for the majority of people. If you think you'll be able to make them function. You must be willing to not just think differently, but also to try out new ideas in the hopes of finding a method to make them work. The most noticeable difference between successful and unsuccessful people isn't the level of intelligence, opportunity, or wealth. It's the belief that they'll be able to achieve their objectives. Vulnerability, uncertainty, and failure are all issues that we face. Some of us believe that if we just keep moving forward, we'll figure it out. Human beings, we believe, have the ability to improve. Even if the world around you accepts the ordinary, we believe it is possible to raise the bar in your own life. We have faith in ourselves and in one another. We believe that if you want greater health, happiness, or a more fulfilling career, you can achieve those goals. We are willing to test, experiment, and try new things even when we are unsure because of this belief. It's difficult to make any progress if you don't.

Believe that new things can be made to work.

Nothing will work for you if you don't believe in it, no matter how wonderful the ideas are.

And, more significantly, if you don't believe in yourself, nothing will work. So always remember: If you believe in yourself anything is possible...

-Alia Amir Jilani 10B



My Curious Eyes

I stare at the starry spheres
Thinking of hopeless moments

I stare at the gloomy skies
Thinking of pleasant moments

I stare through the sunny days
To find a broken heart

I stare through the rainy days
To find a happy family

I stare through a flowery morning With a desire to be extinct

I stare through a snowy night With a promise to cherish

- Amna Furkhan 10C

Top Picks

Rise high and catch your stars

Our dreams....that's ours, no one has the right to take it away from us, in order for that you should never let anyone's words get in between you and your dreams. It is your DREAMS, dreams which defines you, your passion, your determination, your hard work, your strength and your worth. The belief in yourself and being optimistic is the only solution which will help you cope up against the pathetic world.

The feeling which you will feel when you accomplish your promises which you made to yourself is blest. The pride you feel for yourself for never giving up on your dreams when they were once criticised is very divine. The contentment that you will feel then, will fill you with a luscious warmth which will cool your restless heart.

No dreams are worthless, every dream has its own challenges which you will have to overcome in order to fulfil them. No dreams are easy to achieve ,every dream has its own hardships, it is your passion and determination that will decide whether you deserve it or not.

There will be a time when you surely know what you want in your life and you know what your passion is for, but it is up to you whether you are ready to face all the the hardships that you will face to accomplish it. Also the deep yearning to make your dreams come true will not let you feel the pain and suffering in your path. Once you achieve your dreams they make you recognize your talent, your skills and most importantly yourself.....then show the people who once disheartened you your capabilities and achievements.

Your dreams....they let you discover yourself.

Rise high and catch your stars. Don't let anyone snatch your dreams from you. But you work hard, hold on to your yearnings, and never give up.

- Rania Saheer 10B



Mirror

When you look upon yourself,
You see your left and right;
But the side where you find so many faults
Is the one which you're meant to ignite.

It's simple to forget and simpler to let go, It's simple to forfeit and simpler to give up; But it's hard to remember and harder to hold on,

And it's hard to win and harder to develop.

You look at yourself and say you're in flames.

And you can never get out of the cage, you think:

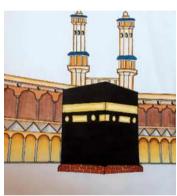
But is it the cage to blame so you can let it burn

Or is it you and your mirror on the brink?

- Afia Furkhan 9B

Ipsita Ray 7B

Aliya Nujum Navas 7B



U Belong Here



Alayna Gani 7C



Mahima Raj 7D



Afia Furkhan 9B



Dhanush Kumar 7A









W-WONDERFUL!



On a Lighter Note



Popular Pizza Toppings Word Search

This maybe a weird subject for a word search puzzle, but it sure is a fun one.

Riddle

What do you bury when it's alive and dig up when it's dead?

Ans: A plant