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AJB INSIDER

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#### NEWS & FEATURES

Flag Day Time Management National Day End of term Antibullying week Commemoration Day

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#### FLAG DAY:

Flag Day, commemorated on the 3rd of November every year, is a national occasion where the efforts of the founders of the UAE, Sheikh Zayed and Sheikh Rashid, are remembered and honoured. Its significance is also observed through the anniversary of Sheikh Khalifa bin Zayed Al Nahyan's inauguration as President.

The UAE's flag was designed by a young Emirati named Abdullah Al Maainah in 1971, who intended the colours of the flag to represent Arab Unity. Consisting of stripes of red, green, white and black, they illustrate courage, hope, peace and strength respectively.

Al Ain Juniors was enthusiastic in its approach to celebrate UAE'S Flag Day. Banners and decoration were hung and strewn across hallways and doorways, with each classroom gilded with pride for the country. In the first period of the day, students were assigned to make posters and their own art commemorating the celebration, which were then hung later in their classrooms. Presentations were given to enlighten them on UAE'S exemplary history and the meaning behind the flag. The students' creativity shone through in their artistic endeavours to express their love for the UAE.

Afterwards, classes resumed per usual till 11 AM, where an assembly was held by Sir Gaffar to raise the flag in the courtyard while playing the national anthem. Every person on campus was expected to stand and give respects to the country for the duration of the anthem.

To conclude, Al Ain Juniors did their best in their efforts to herald UAE's Flag Day again this year, and every classroom has their hand-crafted signs and posters to show its glory for it.







### Time management:

COVID-19 has undeniably taken a toll on all of us, both physically and mentally. The smallest of tasks might have seemed daunting to us. The mental fatigue caused by the mundanity of everyday life may be often confused with procrastination or laziness, but it's a truth that the extreme lifestyle changes from the pandemic have confused our daily lives and the familiar ways we do things.

Al Ain Juniors has made an effort to highlight this issue, as an assembly was conducted by Yusuf Amr and Nada Naser of grade 10. Rather than minimising the difficulties students might have with focus and procrastination, the students focused on proposing solutions and practical tips to these problems which are common amongst students, especially in this era of increasing distractions and clouded focus. A webinar was also conducted by Abu Dhabi University, and some techniques were shared with the students to help them manage their time more efficiently. Meera Morales of grade 12 gave a speech about the importance of time management, relating it to her own experience being a student council member, balancing multiple extracurriculars and staying on top of her work. The assembly was concluded by some enlightening words by the Principal, Mr Gaffar, which helped guide students struggling with the issue at hand.

### **COMMEMORATION DAY:**

The tales of Emirati history tell of great men, who built, planned, led and fought, of men who sacrificed their lives and whose blood spilled for the sake of their country. The loyalty, nobility and grandeur of these martyrs and their heroic sacrifices for the UAE are annually celebrated on the 30th of November, a yearly reminder of the great accomplishments of these souls and the values that the country is built on.

Commemoration day memorialises the date of the death of the first Emirati policeman, Salim Bin Khamis al Dahmani, who insisted on raising the flag of Ras-Al-Khaimah. Al Ain Juniors followed suit with an assembly, in which the Principal, Mr Ghaffar raised the flag of the UAE, and student council members of both the British and Indian systems, as well as primary students, stood at attention and saluted the flag, or raised a flag of their own. This was live broadcasted to all classes.

It is crucial to recognize such events, and immortalise events from the past which shape the future of the country. SO NOVEMBER COMMEMORATION DAY الإمارات العربية المتحدة إيوم اللشهيا Martyr's Day United Arab Emirates



## Anti-bullying week





The Anti-Bullying Campaign is an awareness campaign in which one week in the month of November is dedicated to preventing and ending bullying, and is annually held between the 15th-19th of November. Bullying has unfortunately become a worldwide issue that is incredibly persistent in schools.

In Al Ain Juniors, having a peaceful environment for learning and communicating has been one of the top priorities of the school. To achieve it, the school has appointed counselors who can maintain discipline around the school, as well as implementing systems to curb bullying and taunting between students.

A video on Anti-Bullying, made by Meera Morales, was presented to each class in an assembly in order to educate students about the types of bullying, such as cyber, emotional and physical. The short film explains the psychological effects it has on a person's wellbeing, and how to help someone going through it, such as informing authorities, or intervening while the incident is taking place. Supporting victims is essential as it encourages them to speak out against the injustices they might be facing.

Bullying has plagued society and schools for centuries, and despite several initiatives to end it, it prevails in most school environments. Despite this, schools and parents must continue to support student's mental and physical health regularly, and be on the lookout for any signs of bullying, both within the school or online.

## National day & Culture day

On December 2nd of 1971, six of seven Emirates united to form an independent federation of its own, with Ras Al Khaimah joining a couple of months later to make the country we know today as the United Arab Emirates. With insurmountable progress and stellar achievements accomplished within half a decade, including but not limited to the opening of Expo 2020 and the launching of the Hope probe, its 50th National Day was titled the Golden Jubilee to signify the great milestones achieved.

Al Ain Juniors' Student Council members of 2021-2022 worked tirelessly to host an unforgettable festivity, highlighting Emirati culture and heritage in ways that were enjoyable for students. The National Day celebration was combined with the universal Culture Day to symbolise the diversity of UAE's population, and the deeply rooted appreciation of all residents of the UAE for the country, regardless of their ethnicities. The 28th of November was scheduled for celebrating the occasion.



Numerous events were held to highlight the importance of the celebration. Students were allowed to wear their traditional clothing or outfits that included the colours of the UAE flag, as well as any accessories that showed their love for their country. An assembly was held, beginning with the recitation of the Quran, and the national anthem was sung by the newly established AJB choir. These were followed by heartfelt speeches by Ms Cecily and Ms Humeira that reverberated with their awe of the UAE, as they described their true gratitude for the country and its honourable leaders. Later followed some displays of Emirati art, namely the traditional Yolla weapon dance by the boys of grades 6-9, and poetry by the girls of grade 8. The purpose of these events was to reawaken the respect and understanding of Emirati culture in students, and allow them to gain more appreciation for the roots of the country in which they live.

In the multipurpose hall, stalls of several countries were put up with traditional clothes and items displayed that were given by the students, as well as a game stall for passersby. The Student Council was put in charge of these stalls, whose glamour and diversity showed profoundly as each class visited and observed the hall throughout the day, taking pride in their heritage and celebrating that of others, and learning about how different cultures connected.

A day filled with education, pride, awe and glory, this National day was undoubtedly a success. All in all, this was sure to be a day remembered for both students and faculty members.



# END OF TERM

That certainly flew past!

We are concluding the first trimester of this academic year. Through these months, we readjusted ourselves to our old habits. We set alarms, we prepared our books, and we donned our uniforms that had previously been locked up in our wardrobes.

A lot has happened this term. Most students have made a full return to campus, returning to the mode of education that was the mainstay before school closures. Students have also utilized this return for many other purposes. Upon return, the students elected a new student council to represent them and their interests. Students watched short videos by each candidate, witnessed the debate take place, and voted for their preferred candidates. AJBMUN also relaunched, with students actually staying back for the first time in more than 18 months. Delegates learned about the parliamentary procedures to be followed and got introduced to the topics so pressing on the world stage.

This trimester witnessed multiple events. The school held an event for Flag Day with the purpose of educating students on the history behind the UAE flag. The school also remembered the dedication and sacrifices of Emirati martyrs on Commemoration Day, where students watched a livestream and a raising of the UAE flag. Furthermore, the newly-established Events Committee collaborated with the school to host the celebrations for UAE National Day. These celebrations encompassed a live streamed event on the UAE followed by a cultural exhibition which enriched students' understanding of other cultures around the world. While all these events took place, students made the best use of their return to invest in their future through academic achievement. Students took FA examinations in October, a return to the standard style of examinations. By the end of the term, Students took their ET examinations, covering most of what was taught throughout the trimester. Students prepared well for these examinations, relying on books, notes, online resources, practice questions, and more to get ready.

We wish all students the best of luck.

Now, as the term comes to a close, we would like to thank everyone for the role they played in making this trimester a success, no matter how small that role was. We would like to thank students for making the school what it is. We would like to thank teachers for guiding us as we return to the status quo. We would like to thank the administration for their role in supporting this return. We wish everyone a Merry Christmas, and a restful and happy winter break.

