



AJB INSIDER

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NEWS & FEATURES

- Term Updates
- English month:

Featured work:

1. Poetry recitation
2. Poster making
3. Script writing
4. Poem making

Competitions

GRADE 7:

- Story Writing
- Plane Crash
- Poem Competition

GRADE 8:

- Script Writing
- Jam
- Digital poster
- Poem competition

GRADE 9:

- Poetry Writing
- Extremepore
- Mono Acting

ALL GRADES:

- Readers cup

TERM UPDATES:

After an equally serene and busy winter break, January brought the beginning of the second term. With the prospects of diligent studying and boisterous events to come, the students returned to school. The first three weeks of school were held online in line with ADEK guidelines to assure the safety of the students and staff members from the influx in COVID-19 cases. In the third week, it was announced that there would be a cohort system in place for four more weeks to come. Students were to come in batches, alternating on a weekly basis.

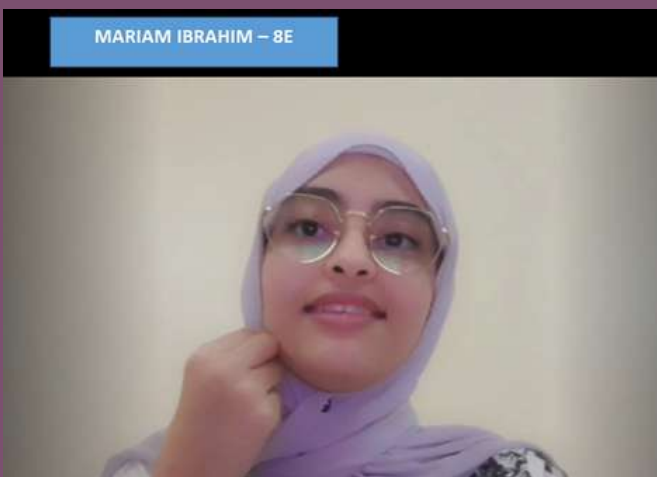
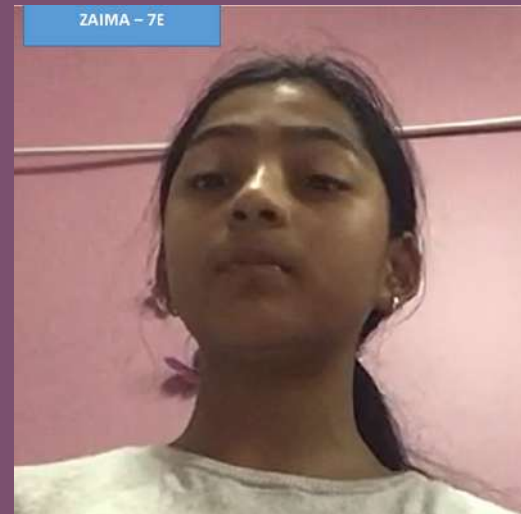
Around mid-february, formative assessments began for primary and grades 7-9 students. Mock exams were announced to be held in early March for all those giving CIE board exams. The mock exams were to be held face-to-face, and the students worked tirelessly towards their academic goals, using every resource at their disposal to secure the highest grades.

ENGLISH MONTH

Around the globe, the English language has been the most used and spoken. Countless books have been written in the language, spanning each and every genre. From heart-wrenching poetry, breath-taking songs and the most innovative of novels, many people have poured their talent and whims into perfecting the meaning of their hearts with this elegant tongue. From the beginning of its inception around the 5th century, people across different ethnicities, native and non-native speakers, have taken its words and blew life into several sentiments and beliefs. In Al Ain Juniors too, a school so diverse with several tongues being spoken on the daily, English is the one language understood widely, no matter the accent or dialect.

This has been proved by all the poems, posters and scripts written by the students of AJB during English Month. Digital and hand-written banners detailing a few topics were taken of interest by numerous pupils. Intent of spreading awareness about lead poisoning, colorful and informative posters were made. The students of ninth grade decided to explore their hand at writing poetry, and they excelled.

POETRY RECITATION



POSTER MAKING

MALAK HAYDER - 8D

lead poisoning

People who survive toxic lead levels may have some permanent brain damage.

Children are more vulnerable to serious long-term problems.

Can you recover from lead poisoning?

FACTS

Lead poisoning is caused by swallowing or breathing lead.

What are signs of lead poisoning in adults?

- Pain.
- Muscle weakness.
- Abdominal pain.
- Nausea.
- Vomiting.
- Diarrhea.
- Constipation.

AMINA - 8 D

LEAD Poisoning?

Damage to the brain and nervous system

Slowed growth and development Problems

Learning and behavior Problems

Hearing Problems

Don't let your !! Children drown in Poison

Amina 8D
Mansur

LEAD POISONING

WHAT IS IT?!

MAY BE DANGEROUS OR LIFE THREATENING

Is condition treatable?
Treatable by a medical professional

Can last several months or years

Common for ages 5 and younger

SYMPTOMS

1. Delay in development
2. Learning difficulties
3. Loss of appetite
- Weight Loss

DONE BY: MAHAD 8C

ONITHI

LEAD POISONING

What is Lead Poisoning?

Lead poisoning, also known as plumbism and saturnism, is a type of metal poisoning caused by lead in the body. The brain is the most sensitive. Symptoms may include abdominal pain, constipation, headaches, irritability, memory problems, infertility, and tingling in the hands and feet.

You can be exposed to lead by:

- Inhalation of particles released by industry or recycling..
- Ingestion of contaminated soil or dust from decaying lead paint.
- Food or water Contaminated with lead
- Lead-Contained Products such as lead glazed ceramics or some traditional medicines or cosmetics

POSTER MAKING

LEAD POISONING

This poster is made to spread awareness about the lead poisoning and educates people more about what is lead and talks about three of the main causes of exposure to lead so people can avoid it easy. What are the affects of lead poisoning and how to avoid it properly. Talks about the symptoms so people can identify when to take action.

AUTHORS
Amr Yosry 8-C

What is lead?

LEAD IS A NATURALLY OCCURRING ELEMENT FOUND IN SMALL AMOUNTS IN THE EARTH'S CRUST. WHILE IT HAS SOME BENEFICIAL USES, IT CAN BE TOXIC TO HUMANS AND ANIMALS, CAUSING HEALTH EFFECTS.



WHAT IS LEAD POISONING
A poisoning caused by a high amount of lead present in the body and it mostly affects the nervous systems and the heart.

WHAT CAUSES LEAD POISONING
Lead was once used in paint and gasoline and is still used in batteries, solder, pipes, pottery, roofing materials and some cosmetics.

What can cause exposure of lead?



Paint



Lead particles in air



Lead contaminated water

SYMPTOMS OF LEAD POISONING

Symptoms in children	Symptoms in adults	Symptoms in newborns
<ul style="list-style-type: none"> • Developmental delay • Learning difficulties • Irritability • Loss of appetite • Weight loss • Stiffness and fatigue • Abdominal pain • Vomiting • Constipation • Hearing loss • Seizures 	<ul style="list-style-type: none"> • High blood pressure • Joint and muscle pain • Difficulties with memory or concentration • Headache • Abdominal pain • Mood disorders 	<ul style="list-style-type: none"> • exposed to lead before birth • Be born prematurely • Have lower birth weight • Have slowed growth

LEAD POISONING

-is a medical condition caused by increased levels of the heavy metal lead in the body, and this can interfere with a variety of body processes and causes toxicity to many organs and tissues.

SYMPTOMS

-
- headache
 - Irritability
 - Aggressive behavior
 - Reduced sensations
 - Poor appetite
 - Difficulty sleeping
 - Constipation
 - anemia
 - Sleeping difficulties
 - hearing loss
 - Nervous system damage

HURRIA REHMAN 8E

CREATED BY RABAIL ZIA 8E

Lead Poisoning



01

LEAD POISONING OCCURS WHEN LEAD BUILDS UP IN THE BODY, OFTEN OVER MONTHS OR YEARS. EVEN SMALL AMOUNTS OF LEAD CAN CAUSE SERIOUS HEALTH PROBLEMS. CHILDREN YOUNGER THAN 6 YEARS ARE ESPECIALLY VULNERABLE TO LEAD POISONING, WHICH CAN SEVERELY AFFECT MENTAL AND PHYSICAL DEVELOPMENT.

02 SYMPTOMS

- poor growth
- nausea and vomiting
- Abdominal pain
- joint pain and muscle weakness
- constipation



03

WHAT FOODS ARE HIGH IN LEAD?

- Root vegetables: Sweet potatoes (86%) and carrots (43%)
- Cookies: Arrowroot cookies (64%) and teething biscuits (47%)

04

IS THERE A TREATMENT FOR LEAD POISONING?

There is no way of reversing damage done by lead poisoning, which is why pediatricians emphasize prevention. But a diet high in calcium, iron and vitamin C can help the body absorb less lead.



05

WHAT IS THE BEST TREATMENT FOR LEAD EXPOSURE?

Chelation therapy is a chemical process in which a synthetic solution —EDTA is injected into the bloodstream to remove heavy metals and/or minerals from the body



POSTER MAKING

LEAD POISONING

A huge population of people overlook the issue of lead poisoning.

Lead poisoning is known as a type of metal poisoning caused by lead in the human body. This can be quite dangerous for the body, symptoms you may experience when having: abdominal pain, constipation, headaches, irritability, memory problems, infertility and tingling in the hands and feet.

How to PREVENT lead poisoning

There are several ways you can protect yourself and your loved ones like for instance, we can start by running cold water, preventing children from playing on soil and maintaining a healthy diet. Make sure to follow these given precautions to lower the risk of lead poisoning.

**"Lead is toxic
wherever it is found,
and it is found
everywhere"**



**-SPREAD
AWARENESS**

Manahil Khalid 8E



Lead poisoning

Lead poisoning occurs when lead builds up in the body, often over months or years. Even small amounts of lead can cause serious health problems. Children younger than 6 years are especially vulnerable to lead poisoning, which can severely affect mental and physical development. At very high levels, lead poisoning can be fatal.

Lead poisoning, also known as plumbism and saturnism, is a type of metal poisoning caused by lead in the body. The brain is the most sensitive.

Symptoms may include abdominal pain, constipation, headaches, irritability, memory problems, infertility, and tingling in the hands and feet.

Symptoms for adults

1. High blood pressure
2. Joint and muscle pain
3. Difficulties with memory
4. Headache

Symptoms

Initially, lead poisoning can be hard to detect — even people who seem healthy can have high blood levels of lead. Signs and symptoms usually don't appear until dangerous amounts have accumulated.



Lead poisoning symptoms in newborns
Babies exposed to lead before birth might:

- Be born prematurely
- Have lower birth weight
- Have slowed growth

Done by: Mariam Ibrahim (8E)



SCRIPT WRITING

It would be easier if you'd just apologize.

Clara: Well you tried to blame my car for your bad smell.

Alexis: It doesn't mean you do this. I'm calling my mom right now and I'm going home.

Clara: Okay, whatever.

Alexis: Crys* (Alexis mom arrives)

Alexis mom: Omg Alexis! What happen to your dress?

Alexis: Mom guess what, someone just spilled some coffee on me by purpose. Let's just go home, now I won't stay here a moment.

Alexis mom: Okay but tell me what happened?

Clara: She said my mom's car smelled bad. Then I spilled some coffee on her.

Alexis mom: Sorry honey, you shouldn't have done that.

Clara: (moves away)

Alexis: Mom hurry up!

Alexis mom: Alexis go say sorry to Clara right now!

Alexis: No mom.

Alexis mom: Calls Clara's mom and tells her everything.

Both apologies but the friends didn't

Done by: Meerab Azhar 8E

Script writing- Minatalla Ayman 8E

- "I don't know! Don't yell at me."

Lia: Goodbye mom!

Exclaimed Lia while opening the door and taking a step outside the house.

Lia: I'll try to walk till I reach Carrefour, I know it's far away, but I'll try to.

Lia was walking while listening to one of her favourite songs, Wannabe by Itzy.

Lia: I wanna be me, me, me.

Lia sang while humming to the song, which then she suddenly stopped.

Lia: Oh! It's a puppy!

Lia jumped then she ran to the little puppy.

Lia: Oh you poor puppy, what are you doing here!?

Lia asked the puppy while petting it.

Lia: You must be lost!

Lia said while looking around the street searching for the dog's owner .

Lia: I guess you're homeless.

Lia replied kneeling down to the small puppy.

Lia: I'll take you with me then.

Once they finally reached home.

Lia: Mom I'm home!

Lia's mom: What's that behind your back?

Lia's mom asked Lia.

Lia stepped aside so Bella can be visible to her mom.

Lia's mom: Why did you bring that dog with you!!

Lia's mom yelled at Lia, then Bella hid behind Lia's back.

Lia: Mom! Don't be harsh, you scared her.

Lia's Mom: I don't care, answer my question first!

Lia's mom yelled at her again.

Lia: I don't know! Don't yell at me. I found it on the street.

Lia's mom: Are you crazy how can you bring a dog from the street!

TOPIC: "You hate coffee?"

Scene 1: In the living room

(Jenna asks her older sister what she likes to drink)

Jenna: Emma, I need to know what your favourite drink is.

Emma: Out of nowhere, why are you asking me my favourite drink?

Jenna: It's my English project to ask my family members their favourite drink , I asked mom and dad , now only you're left.

Emma: Oh ok, my favourite drink is coffee.

Jenna: Ewe ... how can you even like coffee? I cannot believe that your favourite drink is coffee! I will be so embarrassed in class to tell my teacher that my sister's favourite drink is coffee.

Mahnoor Karim 8E

POEMS BY GRADE 9



SUMMER!



SUMMER IS A TIME FOR FUN
SUMMER IS THE TIME TO PLAY IN THE SUN
CAMPING AND AMUSEMENT PARKS
BRIGHT FIREWORKS IN THE DARK
SUMMERTIME IS HERE
LET'S ALL GIVE A GREAT CHEER
SUMMER AND TRIPS TO THE PARK
IT NEVER GETS DARK
THE BEACH IS ALWAYS SUCH FUN
AND GAMES WHERE WE RUN
APPLY SOME SUNSCREEN
AND HAVE SOME ICE CREAM
IT'S HOT, SUNNY SKY
IT'S SUMMER THAT'S WHY



BY: ABDULRAHMAN ASIM TAHA

WINTER

By: Yamen Zakariya



Winter, as cold as Ice,
Strikes me twice,
Leaves me be,
At the count of three.

White as snow,
And makes me blow
I take flight,
It follows me in light.

Makes me sneeze,
Makes me play,
Leaves me at ease,
Leaves me in day.

Happy as can be,
Let no worries be,
For its winter,
We have to bear.

Problem with a friend

By Lilian Osama

I had a problem with my friend
So, I had to make our friendship to end
I wasn't glad though
That I had to let her go
We helped each other a lot
She was a really soft spot
To me
We helped each other to get away from our fears
But all of all got us apart
And now all what's left is tears
To my old friend, life is bright
But sometimes it's just like the night.

A bad dream

BY: ARRON ANG DE GUZMAN

As the night progresses, subtle taps can be heard.
Was it coming from the window? I don't know.
I do not hear the hoot of the Owls, not even a single bird.
Even the stars in the night sky refuse to glow.

Soft and silky, just like a teddy bear,
I held my plushy, gripping as tight as I can,
before being fed up, saying I don't care.
The wind whistled again, was it the fan?

The taps grew louder, becoming unbearable.
As I peek behind me, a state of panic takes over,
as a shadow with no figure, barely unforgettable,
tapping on my window, coming closer.

Bolting away, heart pounding like a drum, a scream escapes my mouth,
not looking back. The sound of the taps,
echoing, resonating through my head, my mind heading south,
made me trip and fall to the floor, feeling like I just ran laps.

As I come to, realizing the horror had gone,
walking up to a nearby mirror, looking at my reflection.
Seeing a bump on my forehead, making me believe that even at dawn,
the effects of a nightmare, doesn't give anyone an exception.

BAD DREAM

BY MOHD ROBIUL HUSSAIN

Last night I had a bad dream
It was more of a nightmare
It started off great but then everything changed
when I heard a scream
All of it was a dream but I was unaware
My body suddenly aged
this drained my energy
I tried to move
but did it like an elderly
Then appeared two doors
and I had to choose
I opened one of them but there was more
then I fell in to a void with a single throne of light
My emotions boiled
I pinched myself and opened my eyes
then everything turned serene
I jumped up and realised it was just a bad dream

A bad dream

Tremendous and ghastly...
I stand wake, in a street that is empty.
Small creatures, that crawl and squeak.
I found myself near a woman, who weeps.
I approach her as she cries,
and found a devil in disguise.

It took me by surprise,
It's two horns and red eyes.
In its mouth, I was placed.
Frightened, my heart raced.
I thought I was dead,
when I had found myself on my bed.

-Afia Siddique

SPRING, SUMMER, FALL OR WINTER SEASONS POEM

*Spring is green,
Summer is bright,
Autumn is yellow,
And Winter is white,
Summer is hot and sunny,
Flower bloom and bees make honey,
A season can be short or long,
They must come and go,
So we can live and grow,
When spring comes,
We say Goodbye snow,
And flowers grow,
Birds and bees,
Leaves on trees,
In Winter everywhere people go,
Their face is covered with snow,
the four seasons are coming again,
So be ready as before!*



BY: POET IFRA RASHID

9D

Green

Green determine life, health and nature.

Green is the color of grass and leave.

Green often used for growth.

Green show sign of healthy products.

A color which implies safety.

Green triggers thought of peace and calmness.

A color which create balance between

emotions and logical mind is green.

By Nahiyah Islam

A BAD DREAM

By Rana Embaby

*The monster rose from the sea;
Swallowing everything it can see
The storm became quite fierce,
Thunder booming in the sky!
Making everyone plug their ears.*

*I ran towards the shelter,
While elders asked for a helper
Strange creatures roamed the Earth,
Fighting with horrifying weapons,
Striking madness at our Earth.*

*Everyone was terrified;
While others were sacrificed
I heard a thunderous scream,
Then woke up sweating with fear,
Thankful it was all just a dream!*

BY: RANA EMBABY

Your Mother's Perfume

An unforgettable fragrance my mother wears,
With the scent of her shampoo on her flowing hair,
The smell of peony blossoms of flowers,
Giving off a mighty aroma of power,
A tattooed memory of the smell by the dressing table and her;
That's stapled across my mind,
The odour so calm yet remarkably memorable.

BY: DHIREN ANISHPENA SUJANANI

WINNERS!

GRADE 7

Story writing:

First place: EYAD TAMER, SYED ABDURAHMAN JEFFAR

Second place: ZAHRA, HAMZA

Third place: NETHMI NEHARA

Plane crash:

First place: BILAL

Second place: SULTAN SAEED

Third place: NETHTHRA SARANGI

Poem competition:

First place: SYED ABDURAHMAN JEFFAR

Second place: NETHTHRA SARANGI

Third place: ZAIMA, RYAN

GRADE 8

Script writing:

First place: MAHNOOR KARIM

Second place: MEERAB

Third place: MINATALLA

Jam:

First place: MANAHIL KHALID, TAYYIBA GATTOO

Second place: BANA, RABAIL

Third place: ELZAHRAA AMIN, SAFIYA FATEMA, EBTESAM AREF

Poem competition:

First place: SYED ABDURAHMAN JEFFAR

Second place: NETHTHRA SARANGI

Third place: ZAIMA, RYAN

Digital poster:

First place: RABAIL ZIA, ONITH JAVON

Second place: MALAK HAYDER, MAHAD

Third place: AMINE, MANAHIL, AMR YOSRY

Poem competition:

First place: MARIAM IBRAHIM

WINNERS!

GRADE 9

Poetry Writing

First place: DHIREN ANISHPENA SUJANANI,
ARRON ANG DE GUZMAN

Second place: LILIAN OSAMA, ABDULRAHMAN ASIM TAHA,
RANA EMBABY

Third place: YAMEN ZAKARIYA, MOHD ROBIUL HUSSAIN

Extremepore:

First place: BILAL

Second place: SULTAN SAEED

Third place: NETHTHRA SARANGI

Mono Acting:

First place: SYED ABDURAHMAN JEFFAR

Second place: NETHTHRA SARANGI

Third place: ZAIMA, RYAN

READER'S CUP

Category: 7-8

First place: FARIYA SAJJID, NAYLI ADRIANA

Second place: NETHTHRA SARANGI

Third place: MOHAMMAD CHOUDARY

Category: 9-12

First place: ARRON ANG DE GUZMAN

**WITH THAT, WE
CONCLUDE
ENGLISH MONTH!**