

AJS Cir No.17/AY 2025-26/April

3rd April 2026

**Subject: Parent Circular – Healthy Parental Bridges Initiative**




Dear Parents,

Greetings from Al Ain Juniors School.

Every child deserves a home where they feel understood, supported, and emotionally safe. As parents, your presence, your guidance, and even your daily conversations shape your child’s sense of confidence, resilience, and well-being.

That’s why we are excited to invite you to the **Healthy Parental Bridges** initiative — a meaningful series of virtual workshops created by ADEK in partnership with ADPHC and Sakina.

These sessions are more than informational; they are an opportunity for you to:

-  Learn how to recognize early signs of emotional challenges
-  Build a healthier, more supportive family atmosphere
-  Gain practical tools that make a real difference in your child’s life

**Workshop Details:**

Date	Topic	Language	Time	Meeting Link
7 April 2026	Positive Parenting and Its Impact on Children’s Mental Health-Parents	Arabic	1:00 PM – 2:00 PM	<a href="#">Microsoft Teams</a>
9 April 2026	Children’s Mental Health: The Role of the Family in Understanding, Early Intervention, and Safe Treatment	English		<a href="#">Microsoft Teams</a>
13 April 2026	Addiction and Its Impact on the Individual and Family National Rehabilitation Center	English		<a href="#">Microsoft Teams</a>

By attending, you’re not just joining a workshop — **you’re taking a powerful step toward strengthening your child’s future.**

We encourage every parent to participate.

Together, let’s create stronger bridges of understanding, compassion, and support.

Warm regards,

**AJS Administration**